ASC & Health Scrutiny Panel

Healthy Placemaking through Planning

Alex Conti, Strategic Policy Manager (MBC)

Dr David McAleavey, Creating Active & Healthy Places Lead (PHST)

20 October 2025





Agenda

- 1. Introductions
- 2. Planning System Overview
 - National Policy
 - Emerging Local Plan
- 3. Evidence Base
- 4. Health Impact Assessment

Planning System Overview

National

- Legislation
- National Planning Policy Framework
- Planning Practice Guidance
- National Design Guide

Local

- Local Plan Policy Framework
 - Take account of other local policies
- Development Control (Planning Applications/Decisions)

Planning System Overview

Planning ensures that the right development happens in the right place at the right time, benefitting communities and the economy.

It plays a critical role in identifying what development is needed and where, what areas need to be protected or enhanced and in assessing whether proposed development is suitable.

NPPF

8. Promoting healthy and safe communities

Paragraphs 96 to 108

- **96.** Planning policies and decisions should aim to achieve healthy, inclusive and safe places which:
- (a) promote social interaction, including opportunities for meetings between people who might not otherwise come into contact with each other for example through mixed-use developments, strong neighbourhood centres, street layouts that allow for easy pedestrian and cycle connections within and between neighbourhoods, and active street frontages;
- (b) are safe and accessible, so that crime and disorder, and the fear of crime, do not undermine the quality of life or community cohesion for example through the use of well-designed, clear and legible pedestrian and cycle routes, and high quality public space, which encourage the active and continual use of public areas; and
- (c) enable and support healthy lives, through both promoting good health and preventing ill-health, especially where this would address identified local health and well-being needs and reduce health inequalities between the most and least deprived communities for example through the provision of safe and accessible green infrastructure, sports facilities, local shops, access to healthier food, allotments and layouts that encourage walking and cycling.

- (c) enable and support healthy lives, through both promoting good health and preventing ill-health, especially where this would address identified local health and well-being needs and reduce health inequalities between the most and least deprived communities – for example through the provision of safe and accessible green infrastructure, sports facilities, local shops, access to healthier food, allotments and layouts that encourage walking and cycling.
- **97.** Local planning authorities should refuse applications for hot food takeaways and fast food outlets: within walking distance of schools and other places where children and young people congregate, unless the location is within a designated town centre; or in locations where there is evidence that a concentration of such uses is having an adverse impact on local health, pollution or anti-social-behaviour.
- **98.** To provide the social, recreational and cultural facilities and services the community needs, planning policies and decisions should:
- (a) plan positively for the provision and use of shared spaces, community facilities (such as local shops, meeting places, sports venues, open space, cultural buildings, public houses and places of worship) and other local services to enhance the sustainability of communities and residential environments;

Open space and recreation

- 103. Access to a network of high quality open spaces and opportunities for sport and physical activity is important for the health and well-being of communities, and can deliver wider benefits for nature and support efforts to address climate change. Planning policies should be based on robust and up-to-date assessments of the need for open space, sport and recreation facilities (including quantitative or qualitative deficits or surpluses) and opportunities for new provision. Information gained from the assessments should be used to determine what open space, sport and recreational provision is needed, which plans should then seek to accommodate.
- 104. Existing open space, sports and recreational buildings and land, including playing fields and formal play spaces, should not be built on unless:
 - a) an assessment has been undertaken which has clearly shown the open space, buildings or land to be surplus to requirements; or
 - the loss resulting from the proposed development would be replaced by equivalent or better provision in terms of quantity and quality in a suitable location; or
 - the development is for alternative sports and recreational provision, the benefits
 of which clearly outweigh the loss of the current or former use.

9. Promoting sustainable transport

Paragraphs 109 to 118

- **109.** Transport issues should be considered from the earliest stages of planmaking and development proposals, using a vision-led approach to identify transport solutions that deliver well-designed, sustainable and popular places. This should involve:
- a) making transport considerations an important part of early engagement with local communities;
- b) ensuring patterns of movement, streets, parking and other transport considerations are integral to the design of schemes, and contribute to making high quality places;
- c) understanding and addressing the potential impacts of development on transport networks;
- d) realising opportunities from existing or proposed transport infrastructure, and changing transport technology and usage for example in relation to the scale, location or density of development that can be accommodated:
- e) identifying and pursuing opportunities to promote walking, cycling and public transport use; and
- f) identifying, assessing and taking into account the environmental impacts of traffic and transport infrastructure including appropriate opportunities for avoiding and mitigating any adverse effects, and for net environmental gains.

Source: National Planning Policy Framework | Ministry of Housing, Communities and Local Government

15. Conserving and enhancing the natural environment

Paragraphs 187 to 201

- **187.** Planning policies and decisions should contribute to and enhance the natural and local environment by:
- a) protecting and enhancing valued landscapes, sites of biodiversity or geological value and soils (in a manner commensurate with their statutory status or identified quality in the development plan);
- b) recognising the intrinsic character and beauty of the countryside, and the wider benefits from natural capital and ecosystem services including the economic and other benefits of the best and most versatile agricultural land, and of trees and woodland:
- c) maintaining the character of the undeveloped coast, while improving public access to it where appropriate;
- d) minimising impacts on and providing net gains for biodiversity, including by establishing coherent ecological networks that are more resilient to current and future pressures and incorporating features which support priority or threatened species such as swifts, bats and hedgehogs;
- e) preventing new and existing development from contributing to, being put at unacceptable risk from, or being adversely affected by, unacceptable levels of soil, air, water or noise pollution or land instability. Development should, wherever possible, help to improve local environmental conditions such as air and water quality, taking into account relevant information such as river basin management plans; and
- f) remediating and mitigating despoiled, degraded, derelict, contaminated and unstable land, where appropriate.

Source: National Planning Policy Framework | Ministry of Housing, Communities and Local Government

PPG – Healthy Place

What is a healthy place?

A healthy place is one which supports and promotes healthy behaviours and environments and a reduction in health inequalities for people of all ages. It will provide the community with opportunities to improve their physical and mental health, and support community engagement and wellbeing.

It is a place which is inclusive and promotes social interaction. The <u>National</u> <u>Design Guide</u> sets out further detail on promoting social interaction through inclusive design including guidance on tenure neutral design and spaces that can be shared by all residents.

It meets the needs of children and young people to grow and develop, as well as being adaptable to the needs of an increasingly elderly population and those with dementia and other sensory or mobility impairments.

Paragraph: 003 Reference ID:53-003-20191101

Source: Planning Practice Guidance | Ministry of Housing, Communities and Local Government

Council Plan Priority

A healthy place:

- Improve life chances of our residents by responding to health inequalities
- Promote inclusivity for all
- Reduce poverty

Source: Middlesbrough Council (MC)

Joint Health & Wellbeing Strategy & Joint Strategic Needs Assessment

- Live Well South Tees is the statutory Board of health and care leaders from Middlesbrough and Redcar & Cleveland
- Legal Duty: The Board must work collaboratively to improve the health and wellbeing of residents
- Strategic Framework: The Joint Health and Wellbeing Strategy (JHWBS) outlines how these improvements will be achieved
- Evidence Base: The Strategy is informed by the Joint Strategic Needs Assessment (JSNA), a legal document analysing current health and wellbeing needs

Joint Health & Wellbeing Strategy & Joint Strategic Needs Assessment

- The JHWBS/JSNA adopts two missions relevant to Spatial Planning
- Creating Places and Systems that Promote Wellbeing (JSNA: Housing, Green Spaces, Transport, Social Capital)
- Supporting People and Communities to Build Better Health (JSNA: Risk Factors for III Health, Prevention)
- Together, these six JSNA sections and the JHWBS form part of the Local Plan's Evidence Library





Middlesbrough **Publication Local Plan** March 2025 Middlesbrough Council Planning Services

Source: Middlesbrough Council

Middlesbrough Local Plan

Publication Local Plan (March 2025)

- Public Consultation March/April
- Submitted to Government September
- Independent Examination → Adoption
- Health considerations integrated throughout

Local Plan - Vision & Objectives

Residents will be healthy and well. They will be able to easily make healthy lifestyle choices and have access to good quality, safe and well-designed open spaces and networks which encourage physical activity. We will have lowered childhood obesity levels and reduced health inequalities across the borough. Residents of all ages will have a better quality of physical health and experience better mental wellbeing.

Objective H To achieve healthy and safe communities

Source: Middlesbrough Council (MC)

Policy ST1 Development Strategy
Policy ST2 Spatial Strategy
Policy ST3 Middlesbrough Development Corporation Area14
Policy CR1 Creating Quality Places
Policy CR2 General Development Principles
Policy CR3 Sustainable and High Quality Design
Policy CR4 Developer Contributions
Policy CR5 Development Limits
Policy CR6 Tall Buildings
Policy CR7 Shopfront Design23
Policy CR8 Advertisements and Signage
Policy EC1 Economic Strategy
Policy EC2 Employment Locations
Policy EC3 Alternative Use of Employment Land and Buildings
Policy EC4 Middlehaven35
Policy EC5 Gresham36
Policy EC6 University Campus
Policy EC7 Culture
Policy EC8 Town, District and Local Centres
Policy EC9 Middlesbrough Town Centre43
Policy EC10 Retail Quarter47
Policy EC11 Civic, Commercial and Cultural Heart
Policy EC12 Leisure Quarter
Policy EC13 Independent Quarter
Policy EC14 Railway Station and Historic Quarter
Policy EC15 Linthorpe Road South Secondary Shopping Area
Policy FC16 District and Local Centres 51
Policy EC17 Hot Food Takeaways53
Policy EC18 Retail Development on Industrial Estates and Business Parks
Policy HO1 Housing Strategy56

	77
Policy HO4m Coulby Farm Way	78
Policy HO4n Land West of Cavendish Road	78
Policy HO4o Land North of Low Lane	79
Policy HO4p Holme Farm	80
Policy HO4q Land at Stainsby Road	82
Policy HO4r Wood Street	83
Policy HO5 Affordable Housing	
Policy HO6 Gypsy, Traveller and Travelling Showpeople Accommodation	87
Policy HO7 Space Standards for Residential Uses	
Policy HO8 Conversion and Sub-Division of Buildings for Residential Use	
Policy HO9 Houses in Multiple Occupation (HMO)	
Policy HO10 Student Accommodation	
Policy HO11 Self-Build and Custom Build Housing	
Policy NE1 Green and Blue Infrastructure	96
Policy NE2 Green Wedges.	
Policy NE3 Existing Open Space, Sport and Recreation Provision	
Policy NE4 New Open Space, Sport and Recreation Provision	100
Policy NE5 Biodiversity and Geodiversity	
Policy NE6 Internationally, Nationally and Locally Important Sites	105
Policy NE6 Internationally, Nationally and Locally Important Sites	105 107
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain	105 107 109
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change Policy NE10 Flood Risk and Water Management	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change Policy NE10 Flood Risk and Water Management Policy NE11 Renewable and Low Carbon Energy Policy IN1 Strategic Infrastructure Provision Policy IN2 Integrated Transport Strategy	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change Policy NE10 Flood Risk and Water Management Policy NE11 Renewable and Low Carbon Energy Policy IN1 Strategic Infrastructure Provision	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change Policy NE10 Flood Risk and Water Management Policy NE11 Renewable and Low Carbon Energy Policy IN1 Strategic Infrastructure Provision Policy IN2 Integrated Transport Strategy	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change Policy NE10 Flood Risk and Water Management Policy NE11 Renewable and Low Carbon Energy Policy IN1 Strategic Infrastructure Provision Policy IN2 Integrated Transport Strategy Policy IN3 Transport Requirements for New Development	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change Policy NE10 Flood Risk and Water Management Policy NE11 Renewable and Low Carbon Energy Policy IN1 Strategic Infrastructure Provision Policy IN2 Integrated Transport Strategy Policy IN3 Transport Requirements for New Development Policy IN4 Community Facilities Policy IN5 Education Provision Policy IN6 Health and Wellbeing	
Policy NE6 Internationally, Nationally and Locally Important Sites Policy NE7 Delivering Biodiversity Net Gain Policy NE8 Nutrient Neutrality Water Quality Effects Policy NE9 Climate Change Policy NE10 Flood Risk and Water Management Policy NE11 Renewable and Low Carbon Energy Policy IN1 Strategic Infrastructure Provision Policy IN2 Integrated Transport Strategy Policy IN3 Transport Requirements for New Development Policy IN4 Community Facilities Policy IN5 Education Provision.	

Policy EC17 Hot Food Takeaways

Proposals for hot food takeaways (sui generis) will only be permitted where the proposed use would not:

- result in the proportion of the total commercial units in the defined areas (as identified on the Policies Map) exceeding the following thresholds:
- Town Centre (excluding Linthorpe Road South Secondary Shopping Area) 2%
- Linthorpe Road South Secondary Shopping Area 10%
- District and Local Centres 10% (in each respective centre)

Applications for hot food takeaway uses will only be permitted where the grant of planning permission would not result in this level being exceeded; or

- result in more than two adjacent hot food takeaway uses; or
- be located within the Primary Shopping Area; and

in addition to the above criteria, to promote healthier communities:

planning permission will not be granted for hot food takeaway uses within 400m walking distance of an entry point to a school unless it is within a defined centre.

To further protect the vitality and viability of retail centres and the amenity of the surrounding area, applications for hot food takeaways should seek to:

- minimise any potential impact upon the retail character of the centre;
- maintain active frontages; and ii.
- protect local amenity (having regard to potential impacts in terms of noise, fumes/odours and traffic).

Hot food takeaways will not be permitted outside of defined centres.

Policy IN6 Health and Wellbeing

The Council will support development in Middlesbrough that provides opportunities for healthy lifestyles, contributes to the creation of healthier communities and helps reduce health inequalities. The potential health gains from development proposals, will be maximised and any negative impacts mitigated. In order to achieve this the Council will:

- a. work with partners including the NHS to reduce health inequalities;
- b. protect existing facilities where possible, and support the provision of new or improved health facilities; and
- encourage proposals which utilise opportunities for the multi-use and co-location of health facilities with other services and facilities, co-ordinate local care and provide convenience for the community.

Development proposals should ensure they:

- are located in well-connected locations to enable active travel and support measures to promote walking and cycling;
- ii. create well designed and safe places with a strong sense of place;
- iii. promote energy efficient buildings;
- iv. support a diverse range of uses within our Town, District and Local Centres;
- v. support the delivery and access to essential community services;
- vi. protect and enhance open space, leisure and recreation facilities;
- vii. include the provision of multifunctional green and blue infrastructure;
- viii. avoid contributing to climate change, and provide mitigation against the effects of climate change;
- ix. discourage uses that have a negative health impact; and
- incorporate measures to prevent and reduce pollution so as not to cause unacceptable impacts before and after completion on land, water and buildings.

All development proposals for 100 or more dwellings must be supported by a Health Impact Assessment to demonstrate that full consideration has been given to health and wellbeing, taking into account wider local/regional primary care and other health strategies. Proposals for other major developments will be screened by the Local Planning Authority to determine on a case-by-case basis whether a Health Impact Assessment will be required.

Policy NE1 Green and Blue Infrastructure

The Green and Blue Infrastructure network in Middlesbrough will be protected and enhanced in line with the Green and Blue Infrastructure Strategy and Action Plan, through improving, creating and managing multifunctional greenspaces and blue spaces that are accessible, well connected to each other and the wider network. Development should:

- incorporate green and blue infrastructure features within their design and improve accessibility to the surrounding area and wider green and blue infrastructure network;
- protect, enhance and restore existing green and blue infrastructure features including those which form part of Middlesbrough's historic environment;
- c. address deficits in local green and blue infrastructure provision where appropriate;
- d. support the provision and management of priority habitats and species, and other protected species, including reconnecting habitats;
- contribute to nature recovery though delivering and implementing the priorities identified in the Tees Valley Local Nature Recovery Strategy, the Green and Blue Infrastructure Strategy and by achieving Biodiversity Net Gain;
- f. incorporate trees within their designs and ensure new streets are tree lined;
- g. reduce health inequalities and increase opportunities for healthy living;
- contribute to climate change mitigation and adaptation measures, including flood risk and watercourse management;
- i. link walking, wheeling and cycling routes, to encourage active travel;
- j. have regard to the requirements of the Green and Blue Infrastructure Strategy Action Plan, including the identified priority opportunities and the Green and Blue Infrastructure checklist for development; and
- make contributions towards the establishment, enhancement and on-going management of Green and Blue Infrastructure.

Middlesbrough Health Impact Assessment (HIA)

for Planning Toolkit









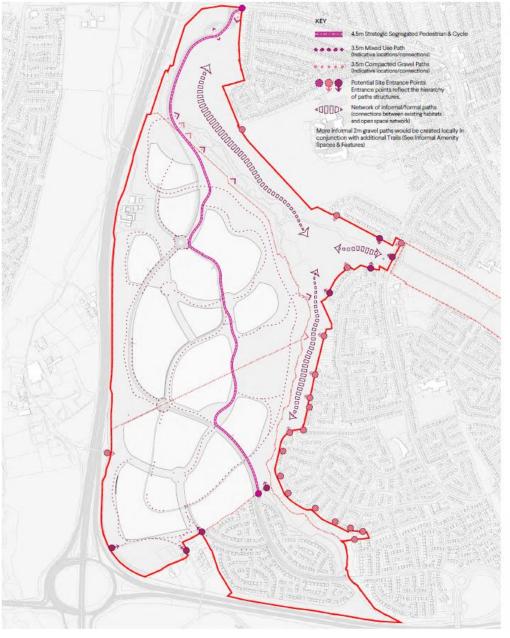
HIA is a process that identifies the health and well-being impacts (benefits and harms) of any plan or development project. A properly conducted HIA recommends measures to maximise positive impacts; minimise negative impacts; and reduce health inequalities.

Source: TCPA & TRUUD

Impact on health and wellbeing Design and planning principles Health and wellbeing outcomes Characteristics Enhance neighbourhood Improved mental wellbeing Social engagement and cohesion Neighbourhood walkability · Reduced risk of cardiovascular disease Physical activity opportunities for • Build complete and compact • Reduced risk of type 2 diabetes design neighbourhoods Keeping musculoseletal system healthy General health improvements • Improve indoor environmental Warmth and energy efficiency Asthma outcomes improved • Improved indoor air quality and quality of housing Reduction in excess winter deaths • Increase provision of affordable light exposure Improved quality of life and mental wellbeing Housing and diverse housing for all. • Improved engagement with Reduction in risk of cardiovascular disease. including groups with specific healthcare services type 2 diabetes, some cancers, and mental needs eg, elderly or disabled Increased employment levels health problems • Provide healthier, affordable Healthier eating and change in Improved mental health and wellbeing Healthier dietary behaviours Reduced risk of cardiovascular disease, type 2 food for all • Change in attitudes towards diabetes, stroke, some cancers, and Enhance community food food healthy eating musculoskeletal conditions infrastructure Reduced risk of chronic obstructive pulmonary disease, reduction in infant • Reduce exposure to • Reduced exposure to particulate mortality and improved respiratory function Natural environmental hazards matter and excessive noise among children • Enable access to, and Increased physical activity and • Reduced risk of developing lung cancer opportunities sustainable engagement with, the natural Reduced risk of cardiovascular disease, type 2 Reduced impact from weather environment environment diabetes, stroke, mental health problems, Adaptation to climate change extremes (hot and cold) musculoskeletal conditions, and some cancers Improved mental wellbeing Provide active travel Reduction in obesity and associated conditions infrastructure Mobility • Reduction in road traffic accident injuries Provide public transport • Physical activity among all Prioritise active travel and road Reduced risk of cardiovascular disease and Transport Social participation and cohesion type 2 diabetes safety Enable mobility for all ages and Keeping musculoskeletal system healthy Improved mental wellbeing activities

Table of Contents

Page 4: Instructions and guidance Page 5: Affected areas and population groups Page 6: Summary Page 7: Housing H1 - High Quality Housing Page 8: Housing H2 - Accessible Housing Movement M1 - Physical Activity | Walking Page 9: Movement M2 - Physical Activity | Cycling Page 10: Page 11: Movement M3 - Physical Activity | Active Play Page 12: Movement M4 - Physical Activity | Quality Public Spaces Page 13: Movement M5 - Transport | Well Designed Places Page 14: Movement M6 - Transport | Good Connectivity Page 15: Movement M7 - Transport | Public and Alternative Transport Page 16: Movement M8 - Transport | Car Parking Page 17: Food and Nutrition Page 18: Air Quality and Noise Crime Reduction and Community Safety CR1 - High Quality Design Page 19: Page 20: Crime Reduction and Community Safety CR2 - Places that Feel Safe / Emergency Mitigation Page 21: Healthy High Streets Page 22: Economy and Employment E1 - A Strong and Resilient Local Economy Page 23: Economy and Employment E2 - High Quality Design Page 24: Environment EN1 - Climate Change Adaptation Page 25: Environment EN2 - Resource and Energy Minimisation Page 26: Environment EN3 - Waste Management Environment EN4 - Natural Environment Page 27: Page 28: Environment EN5 - Sustainable Land Use Page 29: Social and Community Cohesion Equality, Diversity, and Inclusion Page 30: Page 31: Access to Public Services Page 32: Conclusion Page 32: Glossary and references



4.0 LANDSCAPE

4.5 Paths & Routes

A network of safe accessible routes and paths will be planned for Stainsby, to increase physical activity, promote sustainable and active travel and to support a friendly, sociable and cohesive community.

The strategy at Stainsby is simple. Everyone will be able to access paths and routes that take them where they want to be, whether this is to a neighbourhood play area, the commercial centre, the country park, or further afield and into Middlesbrough or the open countryside. The adjacent diagram shows an indicative proposal, subject to detailed design.

The hierarchy is such that a strategic segregated pedestrian and cycle route at 4.5m wide will be attached to the main roads providing a commuting superhighway' into Middlesbrough and surrounding areas.

The above path will be supported by a 3.5m wide mixed use tarmac path will provide a secondary route, permeating the residential areas. Further networks provided by compacted gravel paths, 3.5m wide, to be used as exploratory trails and particularly within the Country Park will provide amenity and recreation routes for walkers and cyclists.

Paths and Routes will be present at the Community Hub where circular routes will be used to define the space and provide easy to navigate 'healthy' trails accessible to all users, including office and retail workers.

Routes will be clearly signed and maps provided at key locations; including distance and path difficulty, gradients and terrain along with information on the landscape and habitats that they pass through.

See Section 4.14 Country Park paths for information on the unadopted path strategies. For details on the adopted path network see Urban Strategies section 6.4 Adopted Paths.

KEY POLICY

Paths & Routes

Middlesbrough Design Guide SPD: 3.16 When designing for pedestrians or cyclists, some requirements are common to both:—a) routes should form a coherent network, and be of an appropriate scale; b) in general, networks should allow people to go where they want, unrestricted by street furniture and other obstructions or barriers; c) routes need to be safe—this applies to both traffic safety and crime; and d) the environment should be attractive, interesting and free from graffit and litter, etc.

1111

Source: Gradon Architecture & Middlesbrough Council: Stainsby Masterplan Design Code

Housing H1 - High Quality Housing

homes that are comfortable, healthy, and energy-efficient

1. Does the scheme include any residential component? Yes Complete this section No Move to next section (Movement M1 - Physical Activity Walking)						
Examples of positive and negation Tick where relevant. Aspects will contribute to positive a will contribute to positive impacts: Homes designed so that it is difficult to visually determine the tenure of properties Homes that have suitable internal space, private outdoor space, and are NDSS compliant Homes that are highly energy efficient and affordable to run: Energy Performance Certificate (EPC) rating band B or higher All homes have access to natural light and an outlook Homes are designed to ensure the privacy of both residents and neighbours Apartments, flats, and maisonettes are provided with some private outdoor amenity space, such as gardens on the ground floor, and balconies and terraces for homes above the ground floor In semi-communal accommodation (e.g., care homes and student accommodation) outdoor space includes secluded areas designed as semi-private retreats	ive aspects	2. Considering the positive and negative aspects listed in this section, what will the health impact be? Positive Negative Neutral Unsure 3. Based on the positive and negative aspects identified, describe how the health impact has been assessed and summarise the key findings of this assessment. Consider the certainty, severity, and/or balance of the positive and negative impacts and aspects. 4. List ways that the scheme can minimise any negative health impacts and maximise any positive impacts. Outline recommendations for amendments to the scheme or summarise improvements that have already been made.				
Other positive aspects (please specify):	Remember: Acknowledging negative aspects is an important part of the HIA process. It is unrealistic to claim a proposal is 100% positive.	5. Including the recommended action(s), how would the scheme affect public health? Considerable net gain Ninor improvements to public health outcomes Significant improvements to public health outcomes No noticeable change outcomes Nignificant deterioration of public health outcomes Nignificant deterioration of public health outcomes				

Food and Nutrition

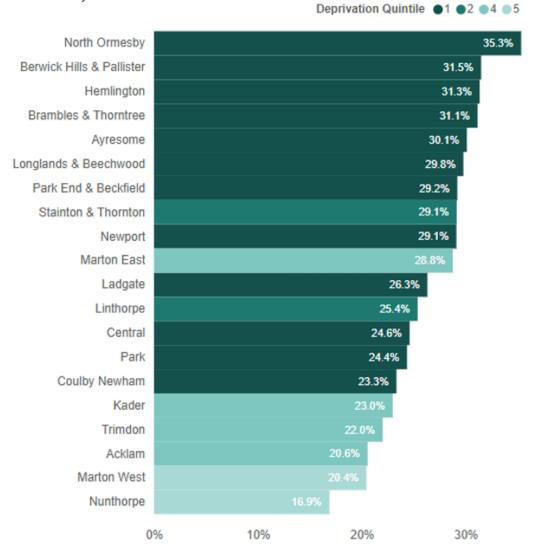
access to healthy, affordable, and sustainable food options

1. Is this a residential scheme or a scheme with community/communal spaces? Yes Complete this section No Move to next section (Air Quality and Noise)						
Tick where relevant. Aspects will contribute to positive and r Will contribute to positive impacts: Accessible and secure garden sheds/garages to store gardening tools and equipment Gardens designed and landscaped so as to have the potential to grow food (among other things), including fruit-bearing trees Show homes that showcase gardens that can grow food Provision of communal gardens, or access to allotments, which are well maintained and well-utilised Easy access to supermarkets and other sources of healthy food options (within 10-minutes	No places to store gardening tools and equipment Gardens that are only turfed No provision of communal gardens or allotments No supermarkets or other places to access healthy food within 10-minutes walking distance Homes without kitchens and food preparation facilities Shared kitchens large enough for only	2. Considering the positive and negative aspects listed in this section, what will the health impact be? Positive Negative Neutral Unsure 3. Based on the positive and negative aspects identified, describe how the health impact has been assessed and summarise the key findings of this assessment. Consider the certainty, severity, and/or balance of the positive and negative impacts and aspects.				
walking distance [800m]) Homes feature well-designed kitchens with ample countertop space and comfortable dining areas that facilitate both food preparation and shared meals Shared kitchens are large enough for multiple people to prepare, cook and eat food in at any given time Other positive aspects (please specify):	Other negative aspects (please specify):	4. List ways that the scheme can minimise any negative health impacts and maximise any positive impacts. Outline recommendations for amendments to the scheme or summarise improvements that have already been made.				
	Remember: Acknowledging negative aspects is an important part of the HIA process. It is unrealistic to claim a proposal is 100% positive.	5. Including the recommended action(s), how would the scheme affect public health? Considerable Slight net gain Neutral Slight net loss Considerable net gain Minor improvements to public health outcomes outcomes No noticeable change Minor deterioration of net loss Significant outcomes outcomes outcomes outcomes outcomes outcomes outcomes outcomes outcomes				

NCMP by levels of deprivation

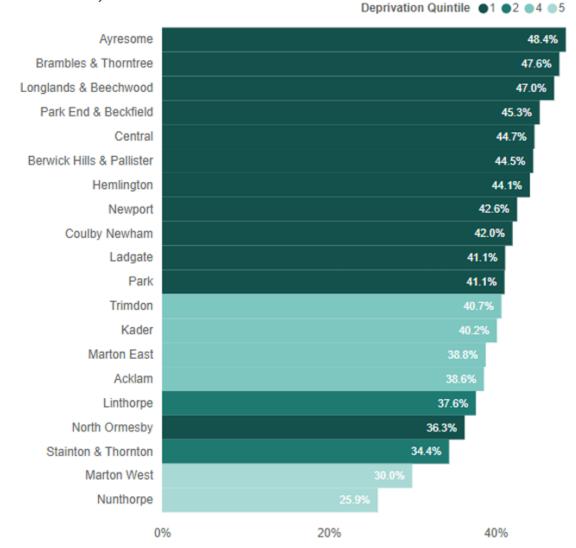
Reception - Overweight & Obese Pupils (%)

2021/22, 2022/23 & 2023/24



Year 6 - Overweight & Obese Pupils (%)

2021/22, 2022/23 & 2023/24



How can planning create a healthier food environment?

Planning can influence the built environment to improve health and reduce obesity and excess weight in local communities. Local planning authorities can have a role by supporting opportunities for communities to access a wide range of healthier food production and consumption choices. Planning policies and supplementary planning documents can, where justified, seek to limit the proliferation of particular uses where evidence demonstrates this is appropriate (and where such uses require planning permission). In doing so, evidence and guidance produced by local public health colleagues and Health and Wellbeing Boards may be relevant. Planning policies and proposals may need to have particular regard to the following issues:

- proximity to locations where children and young people congregate such as schools, community centres and playgrounds
- evidence indicating high levels of obesity, deprivation, health inequalities and general poor health in specific locations
- over-concentration of certain uses within a specified area
- odours and noise impact
- traffic impact
- refuse and litter

Paragraph: 004 Reference ID:53-004-20190722

Revision date: 22 07 2019

- (c) enable and support healthy lives, through both promoting good health and preventing ill-health, especially where this would address identified local health and well-being needs and reduce health inequalities between the most and least deprived communities – for example through the provision of safe and accessible green infrastructure, sports facilities, local shops, access to healthier food, allotments and layouts that encourage walking and cycling.
- **97.** Local planning authorities should refuse applications for hot food takeaways and fast food outlets: within walking distance of schools and other places where children and young people congregate, unless the location is within a designated town centre; or in locations where there is evidence that a concentration of such uses is having an adverse impact on local health, pollution or anti-social-behaviour.
- **98.** To provide the social, recreational and cultural facilities and services the community needs, planning policies and decisions should:
- (a) plan positively for the provision and use of shared spaces, community facilities (such as local shops, meeting places, sports venues, open space, cultural buildings, public houses and places of worship) and other local services to enhance the sustainability of communities and residential environments;

Policy EC17 Hot Food Takeaways

Proposals for hot food takeaways (sui generis) will only be permitted where the proposed use would not:

- result in the proportion of the total commercial units in the defined areas (as identified on the Policies Map) exceeding the following thresholds:
- Town Centre (excluding Linthorpe Road South Secondary Shopping Area) 2%
- Linthorpe Road South Secondary Shopping Area 10%
- District and Local Centres 10% (in each respective centre)

Applications for hot food takeaway uses will only be permitted where the grant of planning permission would not result in this level being exceeded; or

- result in more than two adjacent hot food takeaway uses; or
- be located within the Primary Shopping Area; and

in addition to the above criteria, to promote healthier communities:

planning permission will not be granted for hot food takeaway uses within 400m walking distance of an entry point to a school unless it is within a defined centre.

To further protect the vitality and viability of retail centres and the amenity of the surrounding area, applications for hot food takeaways should seek to:

- minimise any potential impact upon the retail character of the centre;
- maintain active frontages; and ii.
- protect local amenity (having regard to potential impacts in terms of noise, fumes/odours and traffic).

Hot food takeaways will not be permitted outside of defined centres.

fulfil their primary retail and community function. High proportions and concentrations of hot food takeaway establishments within centres can have a negative impact on their vitality and viability.

- 4.85 In addition to the negative impacts high proportions of hot food takeaway uses can have on the vitality and viability of centres, there is a strong link between the density of fast-food outlets and deprivation, where the local authorities with a higher deprivation score have a greater density of fast-food outlets. According to the JSNA (2024), there were 184 fast food outlets in Middlesbrough, a rate of 131.1 outlets per 100,000 people, significantly higher than the England rate of England is 96.1 per 100,000. There is also a recognised link between deprivation and obesity. Childhood obesity and excess weight are significant health issues in Middlesbrough, with national evidence identifying Middlesbrough's obesity rates in school children to be higher
 - than the national average. In February 2024, the Council adopted the Healthy Weight Declaration. This is a commitment to promote healthy weight and improve the health and wellbeing of residents. In order to improve health and wellbeing in the Town and encourage healthier eating choices, applications for hot food takeaways in specific locations (for example, within walking distance of schools) will be carefully managed.
- 4.86 The MRLS states the national average for the number of hot food takeaway in all centres, is approximately 6%. The percentage of hot food takeaways in Middlesbrough's centres is already significantly higher than this. To help to prevent proposals from coming forward which would result in an excessive number and concentration of hot food takeaways, thresholds will be

Bridging Specialisms for Healthier Places Why planning and public health work better together

Why this matters

While healthcare is important, the environment in which a person lives can have a greater long-term impact on their health.

Poor planning can trap people in unhealthy, unsafe and disconnected lives.





National and local government have the power to change this – but only when health is embedded in every decision about place.



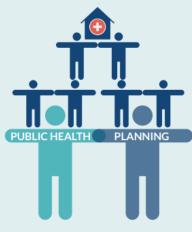
This is recognised in the NHS 10-year plan and the revised National Planning Policy Framework in England – although policy gaps remain.



Planners can find these ambitions challenging to realise in practice

What Are Hybrid Posts?

Hybrid public health-planning posts connect public health and planning to deliver healthier places.



Posts may be positioned in public health or planning and dedicate all or part of their time to supporting planners.

What do they do?

Hybrid posts act as connectors and interpreters, helping public health and planners to speak a common language and achieve more than they could alone.



Planners create more defensible policies and make better decisions



Public Health colleagues make meaningful planning contributions





Community actors to be heard and engage in healthy placeshaping locally Councillors deliver on ambitions for greener, healthier and more equitable places

Developers receive

earlier, clearer,

more consistent

health guidance

Area What They Do Who It Helps **Local Plans** Add health evidence and equity focus Planning policy teams, local residents Improve Health Impact Assessment, Planning Development management teams, design reviews applications developers Engage community voices in the links **Engagement** Councillors, residents, planners between health and place Align with sustainability, active travel, Strategy Local council leaders, funders **Integrated Care Systems**

What's needed next?

For Local Councils



Establish and protect hybrid roles, with access to public health and planning teams



Support collaborative learning initiatives between public health and planning



Involve public health early in policy development and application reviews — avoiding a tick box approach

For National Policy & Professional Development



Strengthen the policy mandate for public health in planning



Establish funding mechanisms, learning platforms and hybrid career pathways

Want to Know More?

Access the full briefing report on hybrid public health-planning posts via QR code



Contact your local Director of Public Health about how to get involved in your local area.